



“delta-E has me energized and on my way to the gym within minutes of drinking it. I am able to keep up my endurance during one hour spin classes...it carries me all the way from my 5am workout through my workday, thriving and enthusiastic!” Natalie G

Natalie G.
Triathlete & Teacher

“I have used delta-E to get me up in the morning!”

I started training for triathlons again, after five years of just running to stay in shape for marathons. In the past, I always wanted to have the will and where-with-all to get up early and work out. I could never make a commitment to myself to get up early to drive to the gym to bike or swim. Having the option of sleeping a little longer was just too appealing.

In September I was introduced to delta-E. I decided to try delta-E and getting up for my first 5 AM spin class on the same morning. delta-E had me feeling energized and on my way to the gym within minutes of drinking it! I found I was able to keep up my endurance during the one hour spin class, even though I had only been on a bike two times this season!

Ever since that day, I have used delta-E to get me up in the mornings, happily and eagerly driving to the gym for spin class or to swim. delta-E carries me all the way from my 5 AM workout through my workday, thriving and enthusiastic! I am anxious and excited to try delta-E before a race soon.

A happy consumer,

Natalie G.